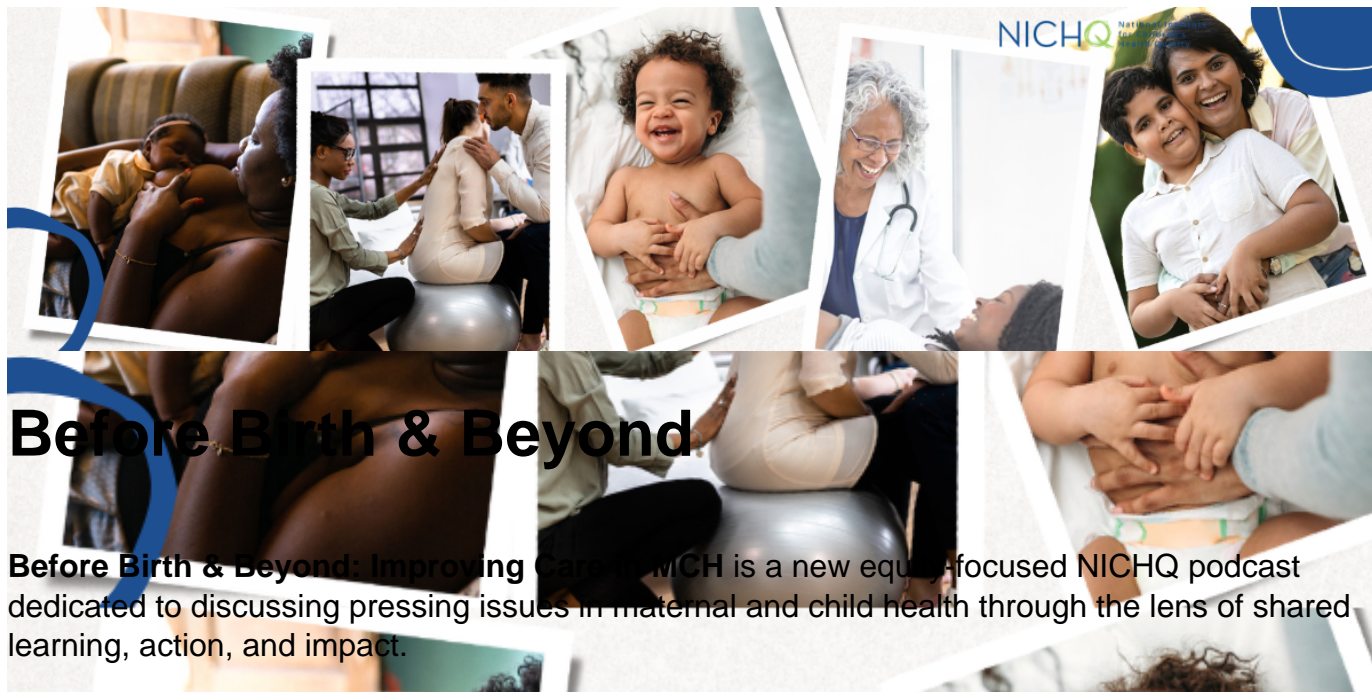


## **PODCAST EPISODE | S2. E3. Empowering Black and Brown Women to Share their Experiences of Care**



### **Before Birth & Beyond**

**Before Birth & Beyond: Improving Care in MCH** is a new equity-focused NICHQ podcast dedicated to discussing pressing issues in maternal and child health through the lens of shared learning, action, and impact.

## **Before Birth & Beyond: Improving Care in MCH**

## **S2. E3: Empowering Black and Brown Women to Share their Experiences of Care**

April 25, 2024 SEASON 2 EPISODE 3

[LISTEN TO MORE EPISODES](#)

### **S2, E3 Show Notes**

**EPISODE 3 SUMMARY:** Recognize National Minority Health Month with NICHQ! This year's theme is: Be the Source for Better Health: Improving Health Outcomes Through Our Cultures,

Communities, and Connections. Tune in to our latest episode to hear from Kimberly Seals Allers, creator of the IRTH app who shares how IRTH works with communities and hospitals to improve health care quality for Black and brown women and birthing people.

## **Main Story: Empowering Black and Brown Women to Share their Experiences of Care**

**SEGMENT SUMMARY:** In this episode of Before Birth & Beyond, we sit down with Kimberly Seals Allers, creator of the IRTH app, to discuss the importance of collecting and sharing data to transform the health system and improve the experience of care for women and birthing people in Black and brown communities.

**TAKE ACTION:** Download the IRTH app – [Apple](#) | [Google Play](#)

### **RELATED LINKS:**

- Learn more about the [IRTH app](#)
- Explore [resources from IRTH](#)

## **Why I Work in MCH**

This month, we're joined by Dana West, Ph.D., Associate Project Director of Equity, who shares how her upbringing and research in sexual and gender minorities led her to a focus on health equity and maternal and child health.

Learn more about Ana and the rest of NICHQ's team at <https://www.nichq.org/about/team>.