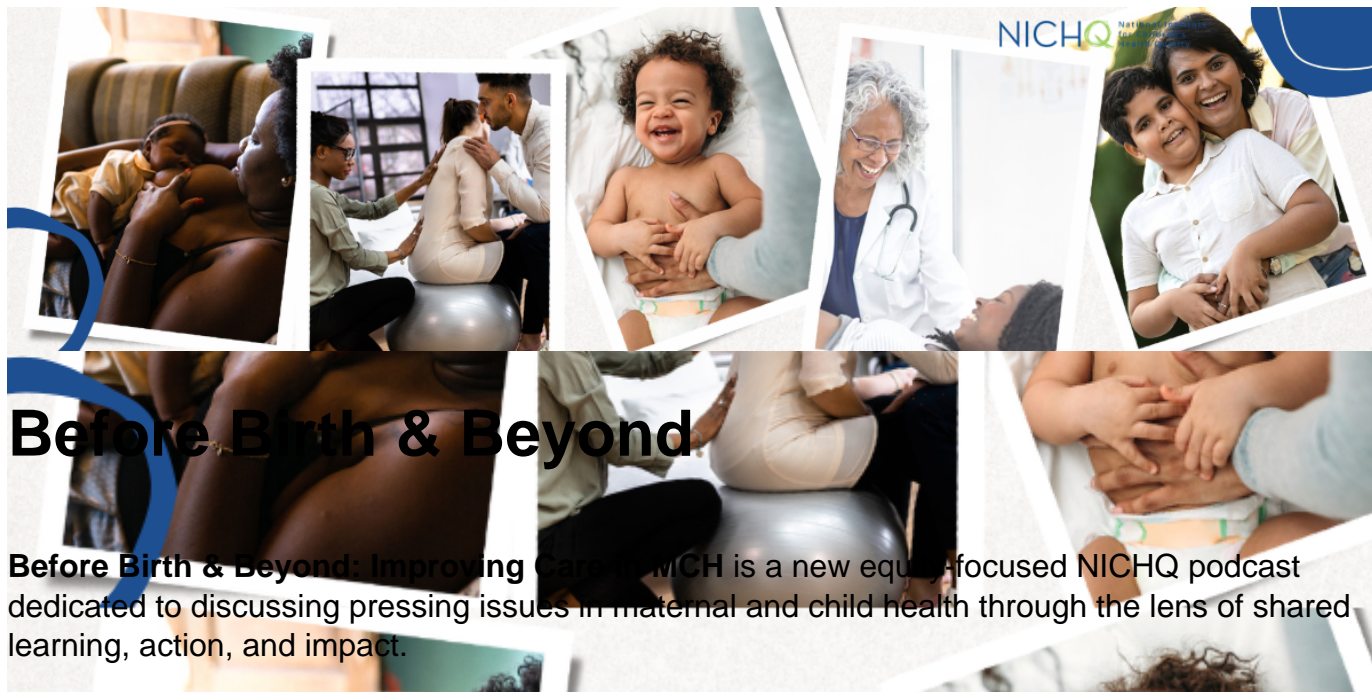


PODCAST EPISODE | E7: Equity Considerations for Safe Sleep and Breastfeeding/Chestfeeding Messaging



Before Birth & Beyond: Improving Care in MCH is a new equity-focused NICHQ podcast dedicated to discussing pressing issues in maternal and child health through the lens of shared learning, action, and impact.

Before Birth & Beyond: Improving Care in MCH

E7: Equity Considerations for Safe Sleep and Breastfeeding/Chestfeeding Messaging

October 31, 2023 SEASON 1 EPISODE 7

[LISTEN TO MORE EPISODES](#)

S1, E7 Show Notes

EPISODE 7 SUMMARY: In this episode of Before Birth & Beyond, in honor of SIDS Awareness Month, for our main story this episode, you can hear the panel discussion from [NICHQ's 8/23](#)

[webinar](#) focused on equity in safe sleep and breastfeeding messaging, featuring community partners from Babies Born Healthy, Montgomery County, MD, and moderated by Meera Menon, Ph.D., Associate Director of Research and Evaluation, NICHQ.

Main Story: Equity Considerations for Safe Sleep and Breastfeeding/Chestfeeding Messaging

SEGMENT SUMMARY: Missed NICHQ's webinar, "Their stories are so powerful": Community-based approaches to infant safe sleep and breastfeeding promotion? Listen to the panel discussion featuring community health workers, who share their experiences leading and implementing safe sleep and breastfeeding activities and advice for being more inclusive.

RELATED LINKS:

- NICHQ Webinar: ["Their stories are so powerful": Community-based approaches to infant safe sleep and breastfeeding promotion](#)
- Project Page: [National Action Partnership to Promote Safe Sleep Improvement and Innovation Network \(NAPPSS-IIN\)](#)
- NICHQ Blog: [3 Lessons from Centering Community Voices: Safe Sleep and Breastfeeding Using a Quality Improvement Framework](#)
- NICHQ Campaign: [SIDS Awareness Month 2023](#)

Why I Work in MCH

This month, Callie Rowland, MPH, a project manager on the National Network of Perinatal Quality Collaboratives project, shares her passion for working to affect change in systems of care, serving all mothers and children, and working for an organization that aims to help create more equitable systems. [Read more](#)

Learn more about the rest of NICHQ's team at <https://www.nichq.org/about/team>.