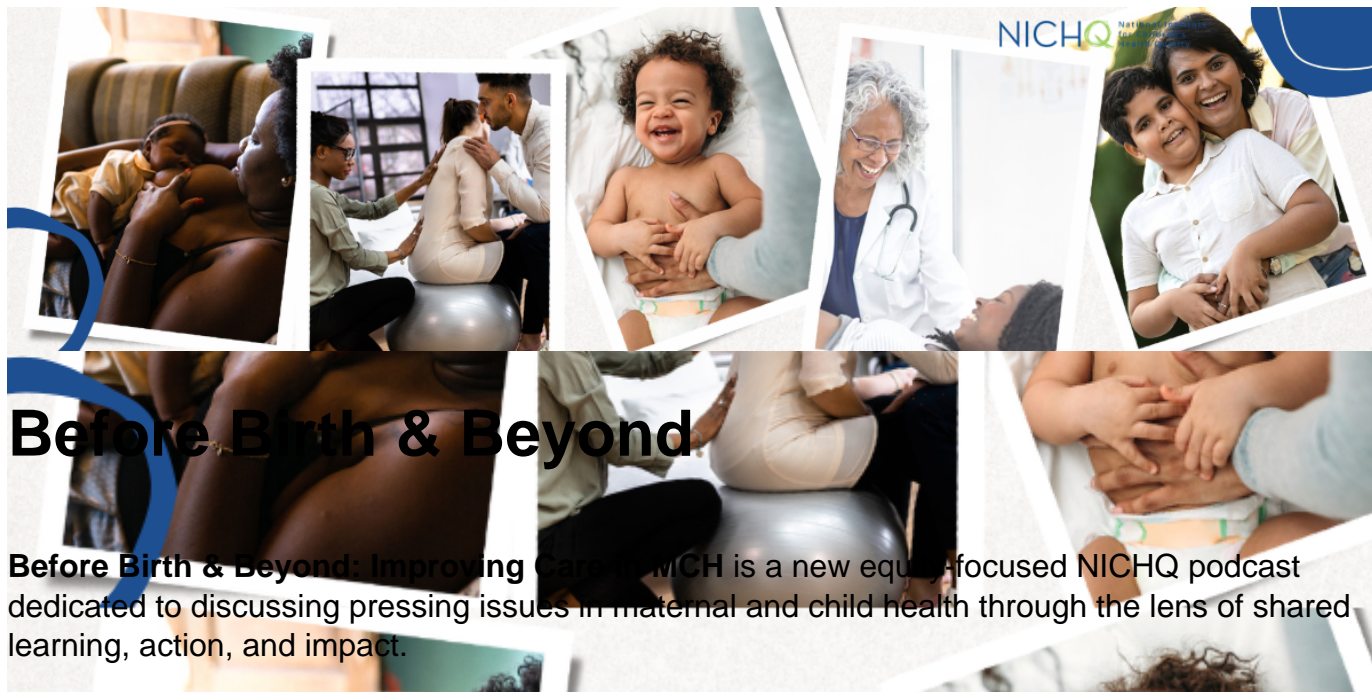


PODCAST EPISODE | E3. The Importance of Engaging Fathers in MCH



Before Birth & Beyond: Improving Care in MCH

E3: The Importance of Engaging Fathers in MCH

June 23, 2023 SEASON 1 EPISODE 3

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S1, E3 Show Notes

EPISODE 2 SUMMARY: In this episode of Before Birth & Beyond, In honor of Men's Health Month and Father's Day, our main story this episode showcases the vital role fathers have in maternal and child health, with an enlightening conversation with two black fatherhood experts. We also reflect on Juneteenth and hear about NICHQ's summer quality improvement course, along with a little bit of pride to round out the month.

Juneteenth

SEGMENT SUMMARY: This episode, we're taking some time to reflect on Juneteenth, the significance of the holiday, and our continued commitment at NICHQ to address racial inequities, and close the gaps in access to information, resources, and care in maternal and child health.

RELATED LINKS:

- [What is Juneteenth?](#)
- [The Historical Legacy of Juneteenth](#)
- [Proclamation on Juneteenth Day of Observance, 2022](#)

Main Story: The Importance of Engaging Fathers in MCH

SEGMENT SUMMARY: In honor of Men's Health Month and Father's Day in June, we sit down with fatherhood expert Kenn Harris of NICHQ and men's mental health expert Dr. Derrick Gordon of the Yale School of Medicine to discuss men's mental health, policy considerations for fathers, and strategies for better-engaging fathers in maternal and child health.

RELATED LINKS:

- [Interview Transcript](#)
- Project Page: [Supporting Healthy Start Performance Project](#)
- [Healthy Start Technical Assistance & Support Center](#)
- [The Equity Table: Fatherhood in the Age of Mass Incarceration](#)
- [Fatherhood Talk: Dad Doulas](#)
- [Healthy Start TASC Fatherhood Resources](#)

The Q: Quality Improvement

SEGMENT SUMMARY: Hear from Megan Johnson, MSC, NICHQ VP of Mission Integration, and Sandra Widland, MPH, project director and QI course leader at NICHQ about NICHQ's summer quality improvement course, and how it provides value for our interns, staff, projects, and the organization as a whole.

- FREE [Online QI 101 Course](#)
- [Mastering the Planning Stage of PDSAs](#)
- [5 Tips for Testing to Optimize Your Next PDSA](#)
- [9 Tips for Moving from One PDSA Cycle to the Next](#)

Community Q&A

Submit your questions to NICHQ's network of advisors, faculty, and expansive project experts in maternal and child health, rare disease, and equity. If selected, we'll invite you to be part of this segment. We look forward to your questions!

<https://www.nichq.org/community-qa-ask-expert>

Why I Work in MCH

This month, NICHQ Director of Communications and Digital Strategy Jey Weisgerber shares their passion for addressing inequities in maternal and child health and working to ensure MCH is more inclusive, not just for queer and gender-nonconforming folks who might give birth, but also for fathers and other partners who are parents or caregivers and for kids who are trans or intersex. Read a [complete profile on Jey](#).

Learn more about the rest of NICHQ's team at <https://www.nichq.org/about/team>.